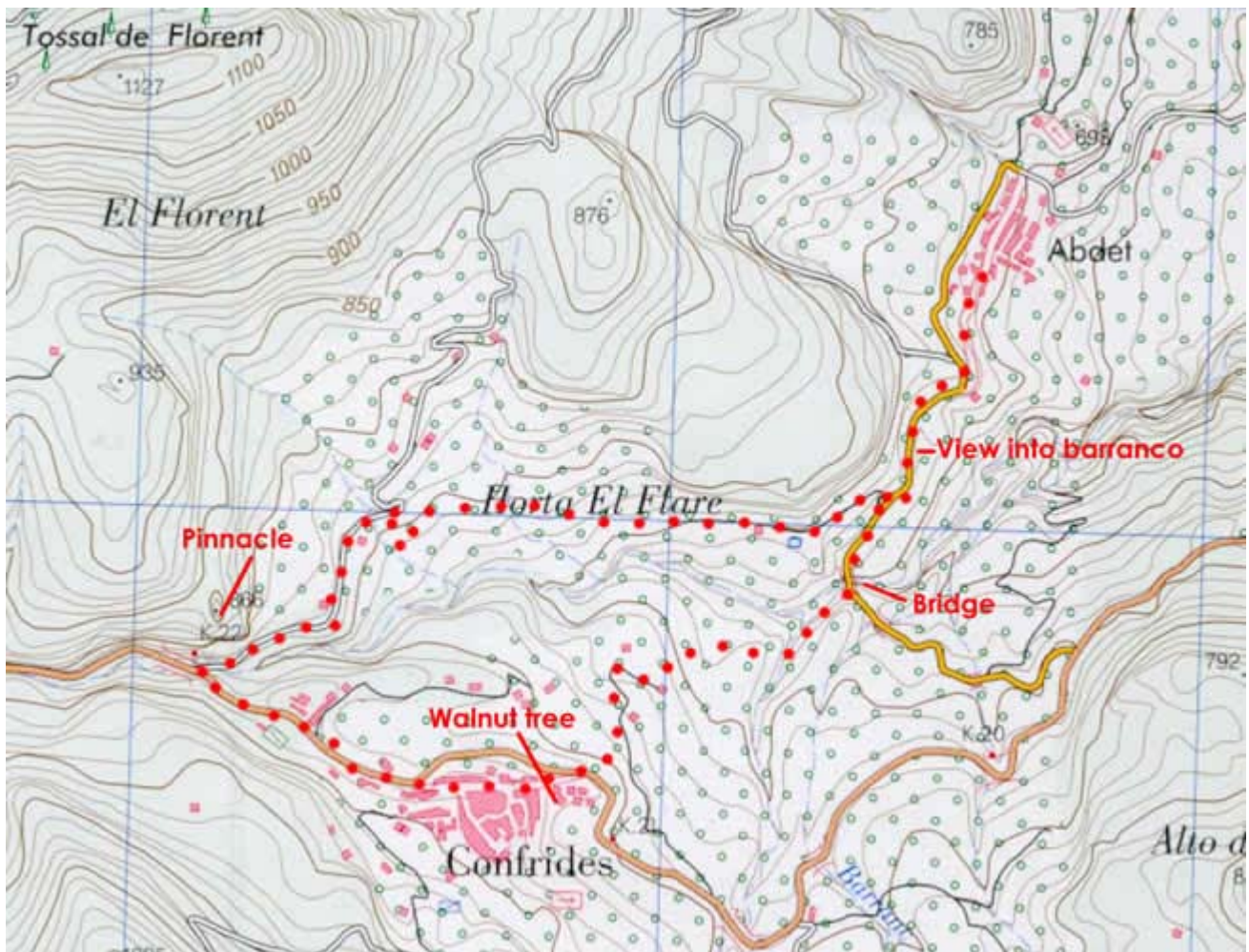


## Walking Holidays in Spain - Confrides and Abdet Circuit

### Local Route 3 - Tree and fruit walk - See how many of the trees and fruits you can spot.

A 5 km walk circuit - starting and finishing at Abdet and visiting its sister village Confrides. In the summer months this would be an ideal way to visit to pool at Confrides.



street built into the rocks in Confrides

From Abdet follow the road out towards the main road, you pass some very well tended olive and almond groves. It is also worth stopping to look down into the Barranco (canyon) - you will see some unusual ridges of rubble carved by the stream. Soon you arrive at the bridge over the barranco. Be careful as the drops between the parrapets are un-guarded. Immediately on the other side take a small track on the right side leading to a ruined hut. You are now on the old mule trail between Abdet and Confrides, note the stone steps and terraces as you pass through more well tended "Campos".

Eventually you come out onto tarmac track as Confrides looms closer above you. At this point turn right (look for the peach tree first though!) and follow the narrow surfaced track to a second house. Shortly after this the track splits - the main track can be followed or you can head up the rising path on the right, ignoring the track that leads onto a framed terrace. Either way brings you out onto the main road (care) at the edge of Confrides. If you took the rising track you can cross straight over and up another short steep section of track into the village (turn left here to look for the Walnut tree).

After exploring the village follow the road 200 metres heading away from Abdet (towards Alcoy) and take the minor road underneath the impressive pinnacle. At the first bend take the track on the right leading down to another hairpin then

then turn left again underneath a house above a small tip, (The Spanish don't hide away their rubbish). All you have to do is keep straight ahead on this next section. At one point it climbs slightly through some terraces before skirting the crags at El Flare and the final drop to meet your outward route close to the bridge between Abdet and the main road.



almond



fig



fir



grape



green apple



nisperos



oak



olive



peach



red apple



rose



walnut